Congregational Health Ministry Program Report

HEALTH MINISTRY/PROGRAM MONTHLY ACTIVITY LOG

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Health Advocate(s)/Faith Community Nurse(s): Jane Doe, RN
Phone: 202-123-4567
E-mail: JaneDoe@gmail.com

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Month/Year: May 2015
Paid Hours: 0
Unpaid Hours: 25

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Numbers of Individual Contacts:
Total: 58
Men: 15
Women: 25
Children: 8
Congregation Member: 55
Community Neighbor: 5

Ages: 0-12: 10
13-17: 15

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Presenting Concerns in Individual Contacts:

- **Psychosocial/Spiritual**
  - 6 spiritual
  - 15 grief/loss
  - 16 transitions, aging
  - 16 hospitalization
  - 16 parenting
  - 10 relationships
  - 1 other:

- **Health-related Behaviors**
  - 6 diet/nutrition
  - 16 weight loss/gain
  - 16 medications
  - 16 substance abuse
  - 16 exercise
  - 5 gen. health/wellness
  - 5 other:

- **Physiological**
  - 17 cancer
  - 10 diabetes
  - 10 heart
  - 15 arthritis
  - 15 respiratory
  - 15 pain

- **Environmental**
  - 15 finances: aging
  - 15 finances: non-aging
  - 15 living arrangements
  - 15 safety
  - 15 other:

# Referrals to:
- 3 Clergy Staff
- 5 Health Care Provider
- 5 Community Resources
- 2 Cong. Resources

# Referred from:
- 3 Clergy Staff
- 17 Cong. Member
- 10 Health Care Provider
- 5 Health Facility
- 3 Self

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Sites of Individual Contacts:

<table>
<thead>
<tr>
<th>SITE OF SERVICE</th>
<th>#</th>
<th># Referrals</th>
<th>Comments/Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Home</td>
<td>5</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Hospital</td>
<td>10</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Nursing Home</td>
<td>1</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Health Office</td>
<td></td>
<td>17</td>
<td>14</td>
</tr>
<tr>
<td>Telephone</td>
<td></td>
<td>10</td>
<td>2</td>
</tr>
<tr>
<td>Congregation</td>
<td></td>
<td></td>
<td>2</td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td>48</td>
<td>20</td>
</tr>
<tr>
<td>TOTAL</td>
<td></td>
<td>48</td>
<td>20</td>
</tr>
</tbody>
</table>

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Share Upcoming Health Ministry Events with Others:

<table>
<thead>
<tr>
<th>HM EVENTS</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Event</td>
<td>Mental Health Matters</td>
</tr>
<tr>
<td>Brief Description</td>
<td>We have a program inviting people to talk about how to support each other emotionally and spiritually.</td>
</tr>
<tr>
<td>Dates/Times of Event</td>
<td>May 30, 2015</td>
</tr>
<tr>
<td>Place of Event</td>
<td>St. George's</td>
</tr>
<tr>
<td>Target Audience</td>
<td>St. George's and its community</td>
</tr>
<tr>
<td>Sponsoring Organizations of Event/Activity</td>
<td>In our neighborhood of faith</td>
</tr>
<tr>
<td>Event Contact Person's e-mail and phone</td>
<td>Jane Doe - 202-123-4567</td>
</tr>
</tbody>
</table>

Send flyer with these details with report if possible.

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Please send completed reports by 1st of Month: E-mail vista@wesleyseminary.edu or Fax 202-706-6837
**Group Contacts: Screenings**

<table>
<thead>
<tr>
<th>Type</th>
<th># Screened</th>
<th>Age Range</th>
<th># Abnormal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blood Pressure Screening</td>
<td>35</td>
<td>18-78</td>
<td>5</td>
</tr>
<tr>
<td>HIV Testing</td>
<td>25</td>
<td>18-62</td>
<td>unknown</td>
</tr>
</tbody>
</table>

**Group Contacts: Education/Support Groups/Healing Services**

<table>
<thead>
<tr>
<th>Event/Topic</th>
<th># Participants</th>
<th>Age Range</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutrition Class</td>
<td>25</td>
<td>17-62</td>
<td>Interactive healthy snacks + drinks</td>
</tr>
<tr>
<td>Cooking Class</td>
<td>15</td>
<td>14-70</td>
<td>Class taught healthy cooking techniques</td>
</tr>
<tr>
<td>Emotional Health</td>
<td>30</td>
<td>12-72</td>
<td>Mental health first aid</td>
</tr>
</tbody>
</table>

**Activities:**  
- [ ] Bulletin/Newsletter  
- [x] Bulletin Board  
- [ ] Pamphlet Display  
- [x] Meetings  
- [ ] Other (Health Ministry Committee)

**What I did for self-care:**

- Exercised once a week, prayed daily, did theological reflection (see below). Walked with a friend twice a week around our congregation.

**Any additional support/ training needed:**

- Need mental health first aid training, volunteer visitor training, end of life training to address common terms like hospice and palliative care, living wills.

**Qualitative Data - Narrative or Stories of Health Ministry Impact (impacting individual or social poverty)**

- One of our congregants lost her job. Our congregation, through our health ministry, was able to provide meals and some financial assistance. After two months and connected with our jobs ministry, she was able to find new employment.