

# Congregational Health Ministry Program Report

## HEALTH MINISTRY/PROGRAM MONTHLY ACTIVITY LOG

Health Advocate(s)/ Faith Community Nurse(s): Jane Doe, RN Phone: 202-123-4567  
 Congregation(s): St. George's E-mail: jdoo@gmail.com

|                                |                         |                            |
|--------------------------------|-------------------------|----------------------------|
| Month/Year:<br><u>May 2015</u> | Paid Hours:<br><u>0</u> | Unpaid Hours:<br><u>25</u> |
|--------------------------------|-------------------------|----------------------------|

Numbers of Individual Contacts: Total: 58

Men 15 Women 25 ~~18~~ Children

Congregation Member 53 Community Neighbor 5

Ages: 0-12 10 13-17 15 18-30 0 31-50 0 51-65 20 66-80 10 over 80

### Presenting Concerns in Individual Contacts:

| Psychosocial/Spiritual      | Health-related Behaviors      | Physiological         | Environmental                 |
|-----------------------------|-------------------------------|-----------------------|-------------------------------|
| <u>6</u> spiritual          | <u>6</u> diet/nutrition       | <u>17</u> cancer      | <u>0</u> finances: aging      |
| <u>15</u> grief/loss        | <u>0</u> weight loss/gain     | <u>10</u> diabetes    | <u>0</u> finances: non-aging  |
| <u>0</u> transitions, aging | <u>16</u> medications         | <u>0</u> heart        | <u>15</u> living arrangements |
| <u>0</u> hospitalization    | <u>15</u> substance abuse     | <u>0</u> arthritis    | <u>0</u> safety               |
| <u>16</u> parenting         | <u>0</u> exercise             | <u>0</u> respiratory  | <u>0</u> other: _____         |
| <u>10</u> relationships     | <u>5</u> gen. health/wellness | <u>0</u> pain         |                               |
| <u>0</u> other: _____       | <u>0</u> other: _____         | <u>0</u> other: _____ |                               |

# Referrals to: 3 Clergy Staff 5 Health Care Provider 5 Community Resources 2 Cong. Resources  
 # Referred from: 3 Clergy Staff 7 Cong. Member 2 Health Care Provider 0 Health Facility 3 Self

### Sites of Individual Contacts:

| SITE OF SERVICE | #         | # Referrals | Comments/Results |
|-----------------|-----------|-------------|------------------|
| Home            | <u>5</u>  | <u>2</u>    |                  |
| Hospital        | <u>10</u> | <u>2</u>    |                  |
| Nursing Home    | <u>1</u>  | <u>0</u>    |                  |
| Health Office   |           |             |                  |
| Telephone       | <u>17</u> | <u>14</u>   |                  |
| Congregation    | <u>10</u> | <u>2</u>    |                  |
| Other           |           |             |                  |
| <b>TOTAL</b>    | <u>48</u> | <u>20</u>   |                  |

### Share Upcoming Health Ministry Events with Others:

| HM EVENTS  | Event Details   |
|--|---|
| Name of Event  | <u>Mental Health Matters</u>  |
| Brief Description  | <u>one hour program inviting people to talk about how to support each other - emotionally + spiritually stressed.</u> |
| Dates/Times of Event   | <u>May 30, 2015</u>   |
| Place of Event   | <u>St. George's</u>   |
| Target Audience  | <u>St. George's, other faith communities</u>  |
| Sponsoring Organizations of Event/Activity                   | <u>our faith community in our neighborhood</u>  |
| Event Contact Person's e-mail and phone                      | <u>Jane Doe - 202-123-4567</u>  |
| <b>Send flyer with these details with report if possible</b> |   |

Please send completed reports by 1<sup>st</sup> of Month: E-mail [vista@wesleyseminary.edu](mailto:vista@wesleyseminary.edu) or Fax 202-706-6837

*If multiply events, use the Excel spreadsheet or list of this report.*

Group Contacts: Screenings

| Type                     | # Screened | Age Range | # Abnormal |
|--------------------------|------------|-----------|------------|
| Blood Pressure Screening | 35         | 18-78     | 5          |
| HIV Testing              | 25         | 18-62     | unknown    |
|                          |            |           |            |
|                          |            |           |            |

Group Contacts: Education/Support Groups/Healing Services

| Event/Topic      | # Participants | Age Range | Comments   |
|------------------|----------------|-----------|--|
| Nutrition Class  | 25             | 17-62     | Interactive healthy snacks + drinks <sup>seminar</sup> |
| Cooking Class    | 15             | 14-70     | Class taught healthy cooking techniques                |
| Emotional Health | 30             | 12-72     | Mental health first aid                                |
|                  |                |           |  |

Activities:  Bulletin/Newsletter    Bulletin Board    Pamphlet Display (25 pamphlets gr.)    Meetings (Health Ministry Committee)    Other

What I did for self-care:

Exercised once a week, prayed daily, did theological reflection (see below), Walked with a friend twice a week around our congregation

Any additional support/ training needed:

Need mental health first aid training, volunteer visitor training, end of life training to address <sup>(adults)</sup> common terms like hospice and palliative care; living wills

Qualitative Data - Narrative or Stories of Health Ministry Impact (impacting individual or social poverty)

One of our congregants lost her job. Our congregation through our health ministry was able to provide meals and some financial assistance. After two months and connecting with our jobs ministry, she was able to find new employment.